



# Teens in the Kitchen

## Begins Week of April 4th, 2011

### Workshop Details:

**Is your teen wild about cooking?  
Interested, OR NOT, in healthy eating?**

This super cool, hands-on, cooking workshop for teens, ages 13 and up, will have your teen(s):

- Cooking and eating naturally delicious meals and desserts from food prep to first bite;
- Gaining culinary skills and nutrition knowledge;
- Socializing and having a great time with peers in a safe, wholesome environment.

This 5 or 10-week cooking workshop, is held weekly, and led by the fun and professional HealthBarn USA team. Space is limited, please call today to enroll!

HealthBarn USA is located at Abma's Farm, 700 Lawlins Road, Wyckoff, NJ, 07481.

### Workshop Details:

Held weekly:

- Tuesdays, 4:30—6:00 pm
- Fridays, 4:30—6:00 pm

To enroll call: 201-891-2066

E-mail: [info@healthbarnusa.com](mailto:info@healthbarnusa.com)